

CANBERRA PLAZA

CLASS SCHEDULE

TIME	MONDAY	TUESDAY	WEDNESDAY		THURSDAY		FRIDAY		TIME	SATURDAY		SUNDAY	
			CLASSROOM A	CLASSROOM B	CLASSROOM A	CLASSROOM B	CLASSROOM A	CLASSROOM B		CLASSROOM A	CLASSROOM B	CLASSROOM A	CLASSROOM B
9AM-10AM									9AM-10AM	JUNIOR		JUNIOR	
10AM-11AM									10AM-11AM	TWEENS TEENS		TWEENS TEENS	
11AM-12PM									11AM-12PM	SPARRING		SPARRING	
12PM-1PM									12PM-1PM	TWEENS TEENS		TWEENS TEENS	
1PM-2PM									1PM-2PM				
2PM-3PM									2PM-3PM	TWEENS TEENS		TWEENS TEENS	
3PM-4PM									3PM-4PM	SPARRING		SPARRING	
4PM-5PM			TWEENS TEENS		TWEENS TEENS		TWEENS TEENS		4PM-5PM	TWEENS TEENS		TWEENS TEENS	
5PM-6PM			SPARRING		SPARRING		JUNIOR		5PM-6PM	JUNIOR		ALL LEVELS	
6PM-7PM			JUNIOR		TWEENS TEENS		TWEENS TEENS						
7PM-8PM			TWEENS TEENS		TWEENS TEENS		SPARRING						
8PM-9PM			ADULTS		ADULTS		TWEENS TEENS						

Two concurrent classes will be held when there are two schedules within the same class time slot.

CATEGORY	JUNIOR	TWEENS TEENS	ADULTS	ALL LEVELS	SPARRING
AGE	4 - 5	6-12 13-17	18 & OVER	ALL AGES	GREEN BELT & ABOVE